[Imam Al-Nawawi's Riyad-us-Saliheen](http://abdurrahman.org/seerah/riyad/index.html" \t "_parent)  
Chapter 244  
The Excellence of the Remembrance of Allah

Allah, the Exalted, says:

**"And the remembering (praising) of (you by) Allah (in front of the angels) is greater indeed [than your remembering (praising) of Allah in prayers]'' (29:45)**

**"Therefore remember Me (by praying, glorifying). I will remember you.'' (2:152)**

**"And remember your Rubb by your tongue and within yourself, humbly and with fear and without loudness in words, in the mornings and in the afternoons, and be not of those who are neglectful.'' (7:205)**

**"And remember Allah much, that you may be successful.'' (62:10)**

**"Verily, the Muslims (those who submit to Allah in Islam) men and women... (up to)... And the men and the women who remember Allah much with their hearts and tongues. Allah has prepared for them forgiveness and a great reward (i.e., Jannah).'' (33:35)**

**"O you who believe! Remember Allah with much remembrance. And glorify His Praises morning and afternoon [the early morning (Fajr) and `Asr prayers].'' (33:41,42)**

**1408.** Abu Hurairah (May Allah be pleased with him) reported: The Messenger of Allah (sallallaahu ’alayhi wa sallam) said, "There are two statements that are light for the tongue to remember, heavy in the Scales and are dear to the Merciful: `Subhan-Allahi wa bihamdihi, Subhan-Allahil-Azim [Glory be to Allah and His is the praise, (and) Allah, the Greatest is free from imperfection)'.''  
[Al-Bukhari and Muslim].

**1409.** Abu Hurairah (May Allah be pleased with him) reported: The Messenger of Allah (sallallaahu ’alayhi wa sallam) said, "The uttering of the words: "Subhan-Allah (Allah is free from imperfection), Al-hamdu lillah (all praise is due to Allah), La ilaha illallah (there is no true god except Allah) and Allahu Akbar (Allah is the Greatest)' is dearer to me than anything over which the sun rises.''  
[Muslim].

**1410.** Abu Hurairah (May Allah be pleased with him) reported: The Messenger of Allah (sallallaahu ’alayhi wa sallam) said, "He who utters a hundred times in a day these words: `La ilaha illallahu, wahdahu la sharika lahu, lahul-mulku wa lahul-hamdu, wa Huwa `ala kulli sha'in Qadir (there is no true god except Allah. He is One and He has no partner with Him; His is the sovereignty and His is the praise, and He is Omnipotent),' he will have a reward equivalent to that for emancipating ten slaves, a hundred good deeds will be recorded to his credit, hundred of his sins will be blotted out from his scroll, and he will be safeguarded against the devil on that day till the evening; and no one will exceed him in doing more excellent good deeds except someone who has recited these words more often than him. And he who utters: `Subhan-Allahi wa bihamdihi (Allah is free from imperfection and His is the praise)' one hundred times a day, his sins will be obliterated even if they are equal to the extent of the foam of the ocean.''  
[Al-Bukhari and Muslim].

**1411.** Abu Ayyub Al-Ansari (May Allah be pleased with him) reported: The Prophet (sallallaahu ’alayhi wa sallam) said: "He who utters ten times: `La ilaha illallahu, wahdahu la sharika lahu, lahulmulku wa lahulhamdu, wa Huwa `ala kulli sha'in Qadir (there is no true god except Allah. He is One and He has no partner with Him. His is the sovereignty and His is the praise, and He is Omnipotent),' he will have a reward equal to that for freeing four slaves from the progeny of Prophet Isma`il.''  
[Al-Bukhari and Muslim].

**1412.** Abu Dharr (May Allah be pleased with him) reported: The Messenger of Allah (sallallaahu ’alayhi wa sallam) said to me, "Shall I tell you the expression that is most loved by Allah?'' It is `Subhan-Allahi wa bihamdihi' (Allah is free from imperfection and His is the praise)'.''  
[Muslim].

**1422.** Mu`adh (May Allah be pleased with him) reported: The Messenger of Allah (sallallaahu ’alayhi wa sallam) took hold of my hand and said, "O Mu`adh! By Allah I love you, so I advise you to never forget to recite after every prayer: "Allahumma a`inni ala dhikrika, wa shukrika, wa husni `ibadatika (O Allah, help me remember You, to be grateful to You, and to worship You in an excellent manner).''  
[Abu Dawud].

**1431.** Sa`d bin Abu Waqqas (May Allah be pleased with him) reported: We were with the Messenger of Allah (sallallaahu ’alayhi wa sallam) when he asked, "Is anyone of you unable to earn a thousand good deeds?'' One of those present asked: "How can one earn thousand good deeds in a day?'' He (sallallaahu ’alayhi wa sallam) replied, "By saying: Subhan Allah a  hundred times, then one thousand good deeds will be recorded for him or one thousand sins will be blotted out from his record.''  
[Muslim].

**1434.** Abu Musa Al-Ash`ari (May Allah be pleased with him) reported: The Prophet (sallallaahu ’alayhi wa sallam) said, "The similitude of one who remembers his Rubb and one who does not remember Him, is like that of the living and the dead.''  
[Al-Bukhari and Muslim].

**1435.** Abu Hurairah (May Allah be pleased with him) reported: The Messenger of Allah (sallallaahu ’alayhi wa sallam) said, "Allah the Exalted says: `I am as my slave expects me to be, and I am with him when he remembers Me. If he remembers Me inwardly, I will remember him inwardly, and if he remembers Me in an assembly, I will remember him in a better assembly (i.e., in the assembly of angels).''  
[Al-Bukhari and Muslim].

**1439.** Jabir (May Allah be pleased with him) reported: The Prophet (sallallaahu ’alayhi wa sallam) said, "For him who says: `Subhan-Allahi wa bi hamdihi (Allah is free from imperfection, and I begin with praising Him, and to Him),' a palm-tree will be planted in Jannah.''  
[At-Tirmidhi].

**1441.** Abud-Darda (May Allah be pleased with him) reported: The Messenger of Allah (sallallaahu ’alayhi wa sallam) said, "Shall I not inform you of the best of your actions which are the purest to your Rubb, which exalt you to the high ranks, which are more efficacious than spending gold and silver (in charity), and better for you than you should encounter your enemies whom you will smite their necks and they will smite your necks?'' They said, "Certainly.'' He (sallallaahu ’alayhi wa sallam) said, "Remembrance of Allah the Exalted.''  
[At-Tirmidhi].

**1443.** Abu Musa (May Allah be pleased with him) reported: The Messenger of Allah (sallallaahu ’alayhi wa sallam) said to me, "Shall I not guide you to a treasure from the treasures of Jannah?'' I said: "Yes, O Messenger of Allah!'' Thereupon he (sallallaahu ’alayhi wa sallam) said, "(Recite) `La hawla wa la quwwata illa billah' (There is no change of a condition nor power except by Allah).''  
[Al-Bukhari and Muslim].

**1436.** Abu Hurairah (May Allah be pleased with him) reported: The Messenger of Allah (sallallaahu ’alayhi wa sallam) said, "The Mufarridun have gone ahead.'' He was asked, "Who are the Mufarridun?'' He (sallallaahu ’alayhi wa sallam) replied, "Those men and women who frequently celebrate the remembrance of Allah.''  
[Muslim].

**1419.** Abu Hurairah (May Allah be pleased with him) reported: The Messenger of Allah (sallallaahu ’alayhi wa sallam) said, "He who recites after every prayer: Subhan-Allah (Allah is free from imperfection) thirty-three times; Al-hamdu lillah (praise be to Allah) thirty-three times; Allahu Akbar (Allah is Greatest) thirty-three times; and completes the hundred with: La ilaha illallahu, wahdahu la sharika lahu, lahul-mulku wa lahul-hamdu, wa Huwa `ala kulli shai'in Qadir (there is no true god except Allah. He is One and He has no partner with Him. His is the sovereignty and His is the praise, and He is Omnipotent), will have all his sins pardoned even if they may be as large as the foam on the surface of the sea.''

[M**1418.** Abu Hurairah (May Allah be pleased with him) reported: The poor Emigrants came to the Messenger of Allah (sallallaahu ’alayhi wa sallam) and said: "The wealthy have gone with the highest ranks and lasting bliss.'' He asked: "How is that?'' They replied: "They offer Salat (prayer) as we offer it; they observe fast as we do; (and as they are wealthy) they perform Hajj and `Umrah, and go for Jihad, and they spend in charity but we cannot, and they free the slaves but we are unable to do so.'' The Messenger of Allah (sallallaahu ’alayhi wa sallam) said, "Shall I not teach you something with which you may overtake those who surpassed you and with which you will surpass those who will come after you? None will excel you unless he who does which you do.'' They said: "Yes, please do, O Messenger of Allah'' He (sallallaahu ’alayhi wa sallam) said, "You should recite: Tasbih (Allah is free from imperfection), Takbir (Allah is Greatest), Tahmid (Praise be to Allah) thirty-three times after each Salat.''  
[Al-Bukhari and Muslim].uslim].

**1413.** Abu Malik Al-Ash`ari (May Allah be pleased with him) reported: The Messenger of Allah (sallallaahu ’alayhi wa sallam) said, "Wudu' is half of Salat, and the expression: `Subhan-Allah (Allah is free from imperfection)' fills the Balance, and the expression: `Al-hamdu lillah (praise be to Allah)' fills the space between the heavens and the earth.''  
[Muslim].

**1440.** Ibn Mas`ud (May Allah be pleased with him) reported: Messenger of Allah (sallallaahu ’alayhi wa sallam) said, "I met Ibrahim (sallallaahu ’alayhi wa sallam) on the Night of Ascension (Al-Asra), and he said to me: `O Muhammad, convey my greetings to your Ummah, and tell them that Jannah has a vast plain of pure soil and sweet water. It is a plain levelled land. The plants grow there by uttering: Subhan-Allah, Al-hamdu lillah, La ilaha illallah and Allahu Akbar (Allah is free from imperfection; praise be to Allah; there is no true god except Allah; and Allah is Greatest).''  
[At-Tirmidhi].